

RESET YOUR VOICE!

Learn how to reset your voice with the Mind The Voice Method

PRESENTER

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SUMMARY

The Mind The Voice method is a technique for using voice, consisting of intensive voice, speech and singing techniques linked to mind training techniques and psychology.

In addition to the synergy between the 'mind' and the 'voice', the Mind The Voice method has developed a unique technique based on 4 precepts: “4 buttons of sound setting”:

- stability (pose, body support, mindset)
- support (breath(ing) support, breathcirculation)
- space (vocal tract)
- sound projection (sound setting)

All voice colours (chest resonance, nasal resonance, head resonance), voice registers (chest voice, head voice, vocal fry), vocal sound effects (twang, belting, distortion, growl), and even mind set and character are linked to those 4 basic precepts. After understanding the method you can quickly reset your voice and start to create your own unique sound.

In this short but intensive workshop you will get a practical introduction on how to use the 4 buttons of sound setting on your chest voice, head voice and the vocal sound effects twang and belting in order to colour and refine your voice.

MRI- images show the difference in vocal tract between voice registers and vocal sound effects. With practical exercises you will learn not only to hear but also to feel the difference.

The method being proved to work on singers is also used on public speakers and vice versa, it does not diversify between them. The best of both worlds combined.

It has also proven its merits on reducing vocal problems such as non-organic voice disorders (MTD, psychogenic dysphonia, gender dysphonia, mutation disorder, ...), and organic voice disorders (insufficient vocal fold closure, vocal fold nodules, vocal fold polyp, ...)

AUTHOR

Tiffany Veys graduated as a Master in Music from the School of Arts in Gent and is one of Belgium's top vocal coaches. She is the founding mother/father of the Mind The Voice voice institute and the Mind The Voice Method. She daily inspires and coaches public speakers, professional singers and other vocal coaches to achieve their main goal. In addition she gives tutorials, lectures and masterclasses to speech therapists and vocal coaches on the Mind The Voice Method with the core topic being: the synergy between the voice, the mind and the body.

The “Mind The Voice Method” is meticulously discussed in the books 'De Stembijbel' and 'Mind The Voice, Zo leer je zingen!'.

BOOKS

- Veys, Wollants. (2015). De Stembijbel (1e druk). Sint-Amands: Mind The Voice.
- Veys. (2012) Mind The Voice: Zo leer je zingen! (1e druk). Tielt: Lannoo.