

AFFILIATION BETWEEN SOMA AND PSYCHE AS THE BASIS FOR THE ARTISTIC PRESENTATION

(The issues of vocal pedagogy for coloratura soprano)

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Coloratura soprano is a special type of soprano voice. For years, initially as an artist singer, and now as a teacher of solo singing, I have been dealing with the extended issues of education and work with this difficult voice. I am convinced of the need for especially focused training of young vocal adepts, and the maintenance of specific requirements, forms and methods, leading to a perfect use of the possibility of coloratura soprano singer performing professionally in theatres and concerts.

One of such interesting issues is specific vocal and emotional readiness. It involves the induction of huge deposits of internal energy, which is needed from the beginning of phonation, until the very end of the presentation. Internal energy is needed to all elements of vocal production of coloratura soprano e.g.: long-term maintenance of a high position of the sound, technical expertise, multiple emissions of very high sounds, as well as the emotional saturation of the performed pieces. This internal energy should be evoked before going on stage. Beginning from the first sung tones, coloratura soprano has to use its resources. This energy can be achieved through exercise increasing the level of adrenaline and blood pressure, but also by a special mental preparation, which allows to maintain the evoked level of the internal excitement and tension. Both factors somatic and psychological need to be closely balanced and not to exceed the barrier beyond which one of them may prevail, and taking into account the degree of difficulty and the level of labour intensity of the whole body, I think that the vocal and emotional readiness constitutes the basis for professional presentation of artistic coloratura soprano.