

## **The voice in a holistic perspective**

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In most definitions voice is regarded as sound. In some definitions voice is designated as a means of expression. Brodnitz stated: "Voice is more than a mechanical or acoustic phenomenon. It is a mirror of personality, a carrier of personality, a carrier of moods and emotions, a key to neurotic and psychotic tendencies." Indeed, in clinical practise it is well known that the voice finds itself in a frame that consists of various factors that go beyond biomedical field *stricto sensu*, like social, psychological and cultural issues. Therefore, there should be a call for a holistic approach of voice problems. From the biomedical view alone, such holistic approach is not easy to understand and to apply. In this lecture a model for holistic approach is discussed in which voice problems can put into perspective.